

	MAIN MEAL	VEGETARIAN OPTION (Served with sides and salads as per main meal)	DESSERT
Monday	Chicken Korma Pompodom, Sweetcorn,Rice.	Vegetable Korma	Cheese & Biscuits.
Tuesday	Ham Salad, Coleslaw, Chipped Potatoes.	Egg and Cheese Salad.	Jam Tart and Custard.
Wednesday	Spaghetti Bolognaise,Peas,French Bread	Tomato Pasta Bake.	Jelly and Ice-cream
Thursday	Roast Pork,Stuffing,Apple Sauce, Cauliflower,Roast Potatoes.	Cauliflower& Broccoli Bake	Yoghurt and Shortbread.
Friday	Fish Cakes& Tomato Sauce,Country vegetablesCreamed Potatoes	Cheese Straws.	Treacle Sponge and Custard
Saturday			
Sunday			
Monday	Cornish Pasty,Baked Beans,Saute Potatoes	Cheese & Vegetable Slice	Fresh Fruit Salad.
Tuesday	Chilli con carne,Broccoli, Rice	Bean & Lentil Casserole	Apple Crunch and Custard.
Wednesday	Macaroni Cheese, Pea, Jacket Potatoes	Macaroni Cheese	Ice Cream Roll.
Thursday	Baked Gammon,Cauliflower Cheese,Roast Potatoes.	Stuffed Red Peppers	Rice Krispies and Sauce.
Friday	Sweet and Sour Chicken ,Noodles, Sweetcorn	Stir Fry Vegetables	Jam Sponge and Custard
Saturday			
Sunday			
Monday	Pepperoni Pizza, Salad, Potato Wedges	Cheese&Tomato Pizza.	Banana Custard.
Tuesday	Beef Stew, Country Vegetables, Parsley Potatoes	Vegetable Stew.	Fruit Crumble & Custard.
Wednesday	Pasta Spirals & Tomato Sauce,Bacon,Peas, Garlic bread.	Pasta Neapolitan	Pears & Evaporated Milk.
Thursday	Roast Turkey, Farmhouse Vegetables, Roast Potatoes	Nut Croquettes	Chocolate Sponge & Sauce.
Friday	Sausage,Onion Gravy ,Baton Carrots, Creamed Potatoes	Vegetable Sausage Roll	Lemon Meringue Pie
Saturday			
Sunday			
Monday	Sausage Roll,Baked Beans,,Creamed Potatoes.	Vegetable Sausage Roll	Peaches & Chocolate Sauce
Tuesday	Sheperds Pie, Baton Carrots.	Vegetable Pie	Treacle Tart and Custard.
Wednesday	Spaghetti Bolognaise, Peas ,Garlic Bread.	Spaghetti Carbonara	Yoghurt and Shortbread.
Thursday	Roast Beef,Yorkshire Pudding,Cabbage,Roast Parsnips, Potatoes.	Cauliflower Cheese	Apple Pie & Custard
Friday	Breaded Cod, Baked Beans, New Potatoes	Vegetable Samosas	Chocolate Brownies & Cream
Saturday			
Sunday			
Monday	Steak & Onion Pie,Broccoli, Croquette Potatoes	Vegetable Pie	Rice Pudding and Jam
Tuesday	Chicken Korma Pompodom, Sweetcorn, Rice.	Vegetable Korma	Chocolate Eclairs.
Wednesday	Macaroni Cheese, Pea, Jacket Potatoes	Macaroni Cheese	Peach Melba
Thursday	Ham Salad, Coleslaw, Chipped Potatoes.	Cheese & Onion Quiche	Cheese & Biscuits.
Friday	Toad in the Hole,Carrots,Creamed Potatoes.	Vegetable Toad in Hole	Chocolate Chip Sponge & Sauce.
Saturday			
Sunday			
Monday	Cheese & Tomato Quiche,Baked Beans,New Potatoes	Cheese & Tomato Quiche	Fresh Fruit Salad.
Tuesday	Ham Pizza, Salad, Noisette Potatoes	Mushroom Pizza.	Rice Krispies and Sauce.
Wednesday	Beef Lasagne, Peas, Focaccia Bread.	Vegetable Lasagne	Ice Cream Roll.
Thursday	Roast Pork,Stuffing,Apple Sauce, Cauliflower,Roast Potatoes.	Cauliflower& Broccoli Bake	Treacle Sponge and Custard
Friday	Fish Cakes,Baked Beans,Jacket Potatoes	Butternut Squash Rissoto	Strawberry mousse.